



THE NINTH ANNUAL REPORT
OF THE
BRIGHTON
COUNTY BOROUGH ASYLUM,
HAYWARDS HEATH,
BEING THE 54TH ANNUAL REPORT
SINCE THE
OPENING OF THE ASYLUM,
FOR THE YEAR 1912.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

—
1913.

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LIST OF THE VISITING COMMITTEE.

- ALDERMAN WILLIAM BOTTING, J.P.,
80 Grand Parade, Brighton.
- ALDERMAN EDWARD JOHN BUTT-THOMPSON,
13 Richmond Terrace, Brighton.
- ALDERMAN JOHN COLBATCH CLARK, J.P.,
28 Ditchling Road, Brighton.
- ALDERMAN JAMES COLBOURNE, J.P.,
24 Preston Park Avenue, Brighton.
- ALDERMAN EDWARD GEERE,
"Burmah," Harrington Road, Brighton.
- ALDERMAN EDWARD JAMES REEVES, J.P. (*Chairman*),
Hove Dene, Cromwell Road, Hove.
- ALDERMAN WILLIAM SENDALL, J.P.,
131 Preston Road, Brighton.
- ALDERMAN CHARLES THOMAS-STANFORD, M.A., J.P. (*Mayor*),
Preston Manor, Brighton.
- ALDERMAN FRANCIS THOMAS WILSON,
21 New Steine, Brighton.
- COUNCILLOR JOHN LINTOTT,
1 Waldegrave Road, Brighton.
- COUNCILLOR JAMES WILLIAM PENFOLD,
21 Preston Park Avenue, Brighton.
- COUNCILLOR JOHN SOUTER PORT,
49 Beaconsfield Villas, Brighton.
- COUNCILLOR JOSEPH STRINGER,
7 Wellington Road, Brighton.
- COUNCILLOR CHARLES JOHN TEASDALE,
Ashmead, Ash, Surrey.
- COUNCILLOR CYRIL WILKINSON,
7 Cavendish Place, Brighton.

31st MARCH, 1913.

LIST OF THE OFFICERS.

Medical Superintendent—C. Planck, Esq., M.A. (Camb:) M.R.C.S. and L.R.C.P.

First Assistant Medical Officer—G. H. Harper-Smith, Esq., M.A., M.D. (Camb:), M.R.C.S. and L.R.C.P.

Second Assistant Medical Officer—H. J. Forster, Esq., L.R.C.P. (Irel :) Lic. Med. and Surg. and L.S.A. (Lond.)

Chaplain—The Rev. E. R. D. Litle, M.A.

Clerk of the Asylum—Mr. G. Purvey.

Assistant Clerk—Mr. E. C. Thompson.

Storekeeper—Mr. E. E. Doughty.

Housekeeper—Miss M. Darbyshire.

Head Attendant—Mr. John Backhouse (Male Department).

Matron—Miss J. Goodwin.

Assistant Female Officer—Miss V. M. Spence.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Hugo Talbot, Esq.

31st March, 1913.



Brighton County Borough Asylum, HAYWARDS HEATH.

NINTH ANNUAL REPORT OF THE VISITING COMMITTEE

(Pursuant to Section 190 of the Lunacy Act, 1890),

BEING THE FIFTY-FOURTH ANNUAL REPORT SINCE THE
FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

THE VISITING COMMITTEE beg to submit their
Report for the past year.

It is with deep regret that the Committee record the loss they have sustained through the deaths of their esteemed colleagues Alderman Edward Martin and Councillors Lynn and Whittome. It is worthy of notice that Alderman Martin was one of the first representatives appointed by the Council, in October, 1889, under the powers conferred on them by the Local Government Act, 1888, on the Visiting Committee of the Sussex County Asylum, and he continued to act in that capacity down to the year 1903, when the Asylum came under the sole control of Brighton; afterwards serving as a member of this Committee until the time of his death. Councillors Lynn and Whittome had been members of the Committee since February, 1904.

The numbers of Patients on the books on the 30th September last, and on the corresponding date of last year, were as follows:—

	1912	1911
Males	365	368
Females	462	507

The numbers are divided as follows:—

From Brighton Union . . .	572	609
From the part of Steyning Union within the County Borough	72	78
Out County	152	161
Private	31	27
	<hr/>	<hr/>
Totals . .	827	875

In addition to the above, there are 8 imbecile children placed under contract in Hellingly Asylum, as against 10 at the same date last year.

The general health of the Patients and Staff has been good.

The Weekly Maintenance Rate in respect of the four quarters of 1912 was fixed by the Committee as follows:—

	1912.	Corresponding Quarter of 1911.
	s. d.	s. d.
March Quarter	10 0	9 9
June „	11 0	9 9
September „	11 0	9 9
December „	11 0	9 9

The only change which has occurred during the year in the personnel of the Chief Officers has been the appointment of Miss Jennie Goodwin, as Matron of the Asylum, in place of Miss Mary Ann Buckle, who

has retired on a pension after over 52 years' highly-efficient service as Matron of the Institution.

The Patients have been visited, and the Wards inspected, at each Monthly Meeting by Members of the Committee.

The Farm, Finance and Stores Sub-Committees have reported on the various matters under their supervision at each meeting of the Visiting Committee.

On the 21st February last two of the Commissioners in Lunacy made a visit of inspection, and left a report.

During the year Deputations from Boards of Guardians visited the patients in the Asylum chargeable to their respective Unions, and in every case expressed their satisfaction with the arrangements made for the care of their patients.

During the year the Committee have carried out the painting of the ceilings and walls of Male Wards Nos. 1 to 4, and the plastering of the ceilings and walls and have provided new window frames and sashes to Male Ward No. 6. These works were executed under one contract, at a total cost of about £882.

The Bath Service on the Male side has been improved by the installation of spray baths, at a cost of about £224. A new Bathroom has also been provided for the use of the Matron and other Officers.

The Drain from the Female Centre Block having been found to be defective, a new drain is in course of construction, at a cost of about £203.

The Hydro-Extractor in the Laundry having become worn out, a new over-driven Hydro-Extractor has been purchased at the price of £89 5s.

A direct means of escape in case of fire from the Laundry Maids' Sleeping Quarters has been provided by means of an iron platform placed on the roof of the drying room outside the maids' bedroom windows, and communicating by cast-iron steps with the drying yard, at a cost of £39 4s. 8d. Additional internal fire-hydrants have also been provided at both extremities of the main building, at a cost of £33 19s. 6d. In connection with both these matters the Committee have availed themselves of the advice and assistance of the Corporation Waterworks Engineer (Mr. James Johnston).

The Committee have accepted the tender of Messrs. Cook & Sons, of Crawley, for carrying out the additions and alterations to Female Ward No. 6, and the enlargement of the Airing Courts in accordance with the plans approved by the Council, and the work is now proceeding. The laying out of the garden beds, forming tar paths in the Airing Courts, and constructing a new occupation road, is being carried out by direct labour, under the supervision of the Parks Superintendent of the Corporation (Mr. G. Ward).

The Committee have under consideration a scheme for the provision of improved accommodation—both for day and night—for the Nurses of the Institution, in the shape of a Nurses' Home erected in the Asylum grounds, some distance away from the main building. The proposed building will contain sleeping accommodation for 29 nurses, and suitable day rooms for recreation purposes. Sketch plans have been prepared by the Asylum Surveyor, and are now under the consideration of the Lunacy Commissioners. The

plans, together with full details of the scheme, will be laid before the Council for their approval in due course.

The contracts with the County Borough of West Ham for the reception of 30 male and 30 female patients expired in December last, and the patients were removed to another Asylum. The Committee forthwith communicated with other Asylum Authorities with a view to getting further contract patients to fill the vacancies, and negotiations were also opened with the Eastbourne Town Council, with a view to taking a further number of their patients then in Hellingly Asylum. Ultimately, a further contract was entered into with Eastbourne for the reception of 20 male and 20 female patients from the 6th August last to the 1st April, 1916, this being the date of determination of the original contract with them.

A contract has also been entered into with the London County Asylums Committee for the reception of 20 London County male patients for a period of five years from the 15th June last.

The Committee are also pleased to report that the contract with the Visiting Committee of the East Sussex Asylum for the reception in that Institution of imbecile children, for the maintenance of whom the Brighton Committee is responsible, has been renewed for a further period of five years on the same terms.

Application was made on behalf of the Committee for a Certificate of Exception from the provisions of Part I. (Health Insurance) of the National Insurance Act in respect of the established officers and servants of

the Asylum who are employed contributors under the Act, and a certificate has been issued by the Insurance Commissioners.

On the 25th May last the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March last, and these accounts have been published in the Committee's Blue Book.

The Committee beg to inform the Council that the Building and Repairs Fund, which, as the Council are aware, consists of the excess arising from the receipts in respect of maintenance of patients taken under contract from other Authorities, or otherwise chargeable to Unions outside the County Borough of Brighton, was, at the date of the last Annual Report, £9,843 4s. 2d., since which date the Fund has been increased to £11,887 9s. 5d.

The following payments have been made out of the Fund since the date of the last Report, viz.:—

	£	s.	d.
Ordinary Repairs and Insurance . .	1766	15	7
Superannuations	47	19	6
Painting of Wards and Alterations to Male Ward No. 6 (including Salary of Clerk of Works)	637	0	0
Alterations to Female Ward No. 6 .	100	0	0
Improved Bath Service	31	3	3
Fire Mains	179	0	0
Drainage of Female Centre Block . .	150	0	0
	<hr/>		
	£2911	18	4
	<hr/>		

Consequently, the balance of the Building and Repairs Fund now stands at £8,975 11s. 1d.

The Committee have continued the course pursued for the past two years of abstaining from making precepts upon the Borough Treasurer in respect of the cost of ordinary repairs, insurance and superannuation allowances at the Asylum, with the result that the Borough Rate has been relieved to the extent of £1,814 15s. 1d. during the year.

During the year pensions have been granted to officers and servants of the Asylum, under the Asylums Officers Superannuation Act, 1909, as follows:—

Name.	Amount per annum.		
	£	s.	d.
Charles Jeffrey, Store Porter	46	13	6
Margaret Bonham, Dining Hall Maid .	35	14	7
William Nicholls, Night Attendant . .	31	11	2

The Committee desire to record their appreciation of the way in which Dr. Planck, his medical colleagues, and the General Staff continue to discharge the duties of their respective offices.

On behalf of the Visiting Committee,

(Signed) W. SENDALL,

The Asylum,

Chairman pro tem.

Haywards Heath,

26th October, 1912.

PART I.—MAIN—

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.	
Net Balance in hand brought forward from Abstract for the previous year...				6466	16	2	
Sums received on Account of Pauper Patients:—													
1. From Guardians of Poor Law Unions within the Borough—													
NAMES OF UNIONS.				For Main-tenance at 11/- and 11/6 per head per week.	Funeral and other purposes.								
				£ s. d.	£ s. d.								
Brighton				16627 13 5	29 2 0		16656	15	5				
Steyning				2068 17 5	4 10 0		2073	7	5				
				18696 10 10	33 12 0		...	18730	2	10			
From Guardians of other Poor Law Unions—													
NAMES OF UNIONS.				For Main-tenance at 11/- to 14/- per head per week.	Funeral and other purposes.								
				£ s. d.	£ s. d.								
Paddington				42 12 0									
Cuckfield				42 10 5									
Cardiff				36 10 0									
Hambleton				11 16 0									
Whitechapel				34 12 0									
Birkenhead				17 10 5									
Chester				13 14 0									
Bala				4 10 0									
Epsom				3 0 0									
Fareham				1 18 0									
St. Marylebone				15 6 0									
Holborn				52 12 0	2 0 0								
Greenwich				66 12 0									
Hampstead				32 12 0									
Hastings				13 4 0									
Steyning				5 12 0									
Wandsworth				17 16 0									
Richmond				5 2 0									
Kidderminster				2 16 0									
Woolwich				22 6 0									
Bermondsey				18 0	2 15 0								
Cannock				4 6 0									
Chichester				2 4 0									
St. Pancras				4 10 0									
Newhaven				2 4 0									
Amptill				3 4 0									
West Ashford				3 10 0									
Portsmouth				2 10 0									
Edmonton				2 8 0									
				468 4 10	4 15 0		...	472	19	10			
2. From Council of Brighton County Borough—													
From the Treasurer of the Borough for Patients adjudged chargeable thereto at 11/- and 11/6 per head, per week	214	1	11			
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommodation at other Asylums	111	19	7			
Carried forward	19529	4	2	6466	16	2

*of the Receipts and Expenditure of the Visiting Committee of the Lunatic
to the Council of the County Borough of Brighton.*

TENANCE ACCOUNT.

	£	s.	d.	£	s.	d.	£	s.	d.
EXPENDITURE.									
Salaries, Wages, and Uniforms of Officers and Attendants:									
Salaries and Wages (exclusive of sums paid for Labour chargeable in the Farming and Gardening Account, or in the Building and Repairs Fund Account)—									
Officers	2641	4	1
Attendants	4189	0	10
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylum Officers' Superannuation Act, 1909	135	10	1
							6965	15	0
Uniforms	314	9	0
Provisions, Malt Liquor, Wines and Spirits:—									
Provisions	7172	7	6
Malt Liquor, Wines and Spirits (not included in ordinary diet)	43	19	1
Farm and Garden Expenses:—									
Cash Payments included on Page 17	1931	2	0
Clothing for Patients	1321	17	2
Furniture and Bedding	923	16	10
Fuel, Lighting, Washing and other Necessaries	4215	2	6
Expenses attending the Removal, Discharge and Burial of Patients	31	0	1
Carried forward	22919	9	2

PART I.—MAINTENANCE

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.
Brought forward				19529	4	2	6466	16	2
3. From the Treasurers of other Asylums for Patients received under Contract or arrangement.												
NAMES OF ASYLUMS.	Rate per Week.	Main-tenance.	Funerals, &c.									
Eastbourne	15/- and 17/6.	4798 18 5	6 12 0	4805	10	5						
London	14/-.	562 0 0		562	0	0						
		5360 18 5	6 12 0				5367	10	5			
Sums received on Account of Private Patients :—												
For Maintenance at 16/- and 42/- per head per week				1601	16	6						
For Expenses attending the Removal, Discharge or Burial of Patients				2	15	0						
							1604	11	6			
Cash Receipts on Farming and Gardening Account (see Page 16)				...			429	5	9			
Receipts from Local Authorities not included above :—												
Names of Local Authorities.		Purposes.										
East Sussex County Council		Pensions		...			66	5	4			
Other Receipts, viz.:—												
Receipts from Sale of Kitchen Stuff, Old Stores, and Sundries from Asylum				391	4	0						
Rents				19	19	0						
Fines				15	16	11						
Bankers' Interest				70	4	0						
Total Receipts				...			497	3	11			
Total of Receipts and Balance				...						27494	1	1
				...						33960	17	3

PART II.—BUILDING AND

Net Balance in hand brought forward from Abstract for the previous year	£	s.	d.	£	s.	d.	£	s.	d.
			10136	0	0
Sums received from the Treasurer of the Borough on Account of—									
Ordinary Repairs									
Insurance and Rates									
Other Receipts, specifying them:—									
Bankers' Interest		247	2	3	
Transfers from the Maintenance Account, viz.:—									
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1630	6	4						
(b) Excess of Weekly Charge on Private Patients	621	18	2						
						2252	4	6	
Receipts from Local Authorities not included above:—									
Names of Local Authorities.	Purposes.								
East Sussex County Council ...	Superannuation		21	12	8	
Total Receipts and Transfers			2520 19 5
Total of Receipts, Transfers and Balances			12656 19 5

ACCOUNT—continued.

EXPENDITURE.	£	s.	d.	£	s.	d.	£	s.	d.
Brought forward			22919	9	2			
Transfers to the Building and Repairs Fund Account, viz :									
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1630	6	4						
(b) Excess of Weekly Charge on Private Patients ...	621	18	2						
				2252	4	6			
Payments to Treasurers of other Asylums for Patients received under Contract :—									
East Sussex County Asylum			448	5	4			
Other Payments, specifying them :—									
Surgery and Dispensary	170	11	3						
Rates, &c.	1216	6	6						
Stationery and Printing	257	3	0						
Periodicals and Amusements	174	7	6						
Incidentals	228	18	11						
				2047	7	2			
Total Expenditure and Transfers...			27667	6	2
Balance			6293	11	1
Total of Expenditure, Transfers and Balance			33960	17	3

REPAIRS FUND ACCOUNT.

	£	s.	d.	£	s.	d.	£	s.	d.
Sums paid on Account of :—									
Ordinary Repairs	2273	19	5						
Alterations and Improvements	3883	12	7						
Superannuation	47	19	6						
							6205	11	6
Rates and Insurance						82	19	0
Total Expenditure			6288	10	6
Net Balances at end of the year			6368	8	11
Total of Expenditure and Balances			12656	19	5

SUMMARY OF RECEIPTS, EXPENDITURE

RECEIPTS.	£ s. d.	£ s. d.	£ s. d.
Receipts and Transfers :—			
Maintenance Account	27494 1 1		
Building and Repairs Fund Account:—			
Moneys raised by means of Loans		
Other Moneys	2520 19 5		
Total	30015 0 6	...	30015 0 6
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account	2252 4 6	...	2252 4 6
Total Receipts	27762 16 0	...	27762 16 0

Submitted to the Finance Committee this 28th day of April, 1913.

(Signed) W. BOTTING.

PART III.—FARMING AND

Estimated Value of Produce supplied to the Asylum during the year ended 31st March, 1913:—	£ s. d.	£ s. d.	£ s. d.
1913—March 31st.			
Butchers' Meat	488 6 2		
Poultry, Eggs and Rabbits	65 8 9		
Milk	623 19 5		
Vegetables	555 12 4		
Fruit	20 8 11		
Keep of House Horse	23 8 0		
		1777 3 7	
Cash Receipts from Sales of Produce	429 5 9	
Total Cash Receipts	2206 9 4
Estimated Value of Stock :—			
Live Stock	1417 1 6		
Dead Stock	527 13 1		
Tenant's Valuation... ..	593 4 6		
Provender	181 4 3		
			2719 3 4
Total	4925 12 8

AND TRANSFERS IN PARTS I. AND II.

EXPENDITURE.							£	s.	d.	£	s.	d.	£	s.	d.
Expenditure and Transfers :—															
Maintenance Account	27667	6	2						
Building and Repairs Fund Account :—															
Out of Moneys raised by means of Loans								
Out of other Moneys	6288	10	6						
Total			33955	16	8
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account									2252	4	6
Total Expenditure			31703	12	2

Examined 24th April, 1913. H. M. STEVENS, Borough Accountant.

GARDENING ACCOUNT.

1912—March 31st.							£	s.	d.	£	s.	d.	£	s.	d.
Estimated Value of Stock :—															
Live Stock	1388	18	0						
Dead Stock	541	1	3						
Tenant's Valuation	524	14	4						
Provender	399	17	1						
1913—March 31st.										2854	10	8			
Cash Payments in respect of :—															
Labour	706	8	9						
Seeds and Manure	169	4	1						
Stock—Live and Dead	369	14	10						
Provender	561	19	5						
Other Cash Payments, specifying them :—															
Thrashing and Thatching	25	12	1						
Railway Carriage	7	13	3						
Medicine, &c.	19	17	6						
Sundries	36	1	5						
Rates and Taxes	32	13	2						
Fruit Trees	16	6							
Shearing	1	1	0						
Total Cash Payments			1931	2	0			
Total Expenditure and Value of Stock									4785	12	8
Balance in favour at the end of the year									140	0	0
Total			4925	12	8

I hereby certify that the foregoing are correct Accounts for the Year ended 31st March, 1913.

As witness my hand this 16th day of April, 1913.

GEO. PURVEY,

Clerk of the Asylum.

THE ESTABLISHMENT.

OFFICERS.

	Salary.	Emoluments.	Estimated Value.
Medical Superintendent	£800	Furnished House, Coals, Vegetables, and Laundry	£250
First Assistant Medical Officer	300	Lodging, Board, Washing and Attendance	150
Second Assistant Medical Officer	225	Ditto	140
Chaplain	250		
Clerk of Asylum	280	Privilege of Purchasing at Stores	5
Assistant Clerk	120		
Storekeeper	170	House, Coals, and Gas	37 10
Head Attendant (Male)	135	Ditto	40
Matron	85	Lodging, Board, Washing and Attendance	85
Housekeeper	70	Ditto	85
Female Assistant Officer	60	Ditto	65
Total		11	

ATTENDANTS AND SERVANTS.

MALES.				FEMALES.			
	Ann.	Nett.	£ s.		Ann.	Nett.	£ s.
*1 Organist	£	60	0	1 Day Nurse (Infirmary)	£	36	10
1 Hall Porter		50	10	1 " " "		33	10
*1 Night Attendant		83	4	1 " " "		28	0
*1 " " "		76	0	1 " " "		27	0
*1 " " "		64	4	2 " " "		25	0
*4 " " "		60	4	1 " " "		24	0
1 Day Attendant (Infirmary)		51	10	3 " " "		23	0
1 " " "		50	10	2 " " "		22	0
1 " " " (Farm)		48	10	3 " " "		21	0
1 " " "		47	10	4 " " "		20	0
1 " " " (Dining Hall)		46	10	7 " " "		19	0
1 " " "		46	10	20 " " "		18	0
4 " " "		45	10	1 Night Nurse		34	0
1 " " "		43	10	1 " " "		27	0
1 " " " (House)		41	10	1 " " "		25	0
1 " " "		41	10	1 " " "		22	0
1 " " " (Bath)		41	10	1 " " "		21	0
2 " " "		39	10	2 " " "		20	0
1 " " "		39	0	1 Seamstress		28	0
1 " " "		35	0	1 Cook		31	0
5 " " "		34	0	1 Cook (Assistant)		22	0
1 " " " (Farm)		33	10	2 Kitchenmaids		18	0
7 " " "		33	0	1 Laundry Maid (Head)		33	0
2 " " "		32	0	1 " " "		21	0
2 " " "		31	0	4 " " "		20	0
1 " " "		30	0	1 House Maid (Head)		20	0
4 " " "		29	0	1 " " "		19	0
				1 " " "		18	0
				1 Dining Hall Maid		22	0
				1 " " " (Assistant)		18	0
				1 Hall Porter's Wife (Emol.: £33)		3	10

49 * Are neither boarded nor lodged.

The Male Attendants are allowed one day's leave in 9. Married Attendants are allowed £3 per annum in lieu of washing, £6 10s. per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness. The Female Attendants are allowed one day off duty every 11 days, and an annual holiday of 14 days. All Attendants and Servants have uniform, and 10 or 14 days' leave granted during the year, and board wages at 1s. 6d. per day paid during this leave, and Dinner allowance of 9d. per diem when off duty. Bandsmen are paid £1 per year, with an additional 1s. for every performance or practice at which they play. Attendants and Nurses who pass the preliminary examination of the Medico-Psychological Association are granted £1 per annum, subject to their passing the final within 3 years from passing the first examination. Holders of the Final Certificate are granted £2 per annum. Attendants who are members of the Fire Brigade are granted £1 per annum. Value of Emoluments: Males £38; Females £35.

ARTISANS, &c.

1 Bricklayer	Wk. Nett.	£1 12 6	1 Florist	Wk. Nett.	£1 5 0
1 " "		1 10 6	1 Fitter		1 10 0
1 " (Temporary)		1 8 0	1 Garden Labourer		19 10
1 " (Labourer)		1 1 10	1 " "		18 0
1 " " (Temporary)		1 2 0	1 General Labourer and Sweep		1 5 0
1 " " "		1 0 0	1 " " " (Temporary)		1 5 0
1 Baker		1 9 0	1 House Carter		1 4 0
1 " "		1 5 11	1 Matmaker		1 5 10
1 Basket-maker		1 7 10	1 Painter and Glazier		1 11 10
1 Butcher		1 4 0	1 Painter		1 7 10
1 Cabinet-maker		1 12 0	2 " (Temporary)		1 7 0
1 Carpenter		1 11 10	1 Stoker		1 8 0
1 " "		1 10 0	1 " "		1 7 0
2 " (Temporary)		1 10 0	1 Shoemaker		1 7 0
1 Carter		1 1 11	1 Store Porter		1 6 11
1 " "		1 1 0	1 Sewage Labourer		18 0
1 " (Assistant)		12 0	1 Stockman		17 0
1 Cowman		1 2 11	1 Tailor		1 6 10
1 " (Assistant)		19 0	1 Clerk of the Works (Temporary)		3 0 0
1 Bailiff	Week Nett.	£1 12 5			
1 Front Ground Labourer		1 0 10			
1 Gardener		1 5 5			
1 Engineer		2 1 5			
1 Blacksmith		1 5 0			

Made up on 31st March, 1913. { Officers ... 11 }
 { Attendants and Servants ... 119 } Total of Staff ... 175
 { Artisans, &c. ... 45 }

GEO. PURVEY, Clerk of the Asylum.



TABLE SHEWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR.	March.		June.		Sept.		Dec.	
	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>
1903.....		12	6
1904.....	12	6	11	1	10	9	10	6
1905.....	10	6	10	0	10	0	10	0
1906.....	10	0	9	6	9	6	9	6
1907.....	9	6	9	6	9	6	10	0
1908.....	10	0	10	9	11	0	11	0
1909.....	11	0	11	0	11	0	11	0
1910.....	11	0	10	9	10	0	9	9
1911.....	9	9	9	9	9	9	9	9
1912.....	10	0	11	0	11	0	11	0

AVERAGE WEEKLY COST PER HEAD OF MAINTENANCE.

Year ending 31st March.	Provisions.				Clothing.				Salaries and Wages.								Necessaries.				Surgery and Dispensary.				Wines and Spirits.				Furniture and Bedding.				Farm and Garden.				Miscellaneous.				Total.				Less Sales.				Nett Total Cost.																																											
	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.	Quarters ending				YEAR.																																										
	June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.		June.	Sept.	Dec.	March.																																						
1904...	3	3 1/2	3	1 1/2	7 5/8	3	10 5/8	3	8 1/2	2	2 3/8	2	5	1/4	5/8	3/8	1/4	1 5/8	8 3/4	1	17 5/8	2	1 3/4	2 1/2	12	4 1/2	11	5 1/2	3 7/8	3 7/8	12	0 5/8	11	1 5/8	...																					
1905...	3	1 1/4	3	3 1/2	3	3 3/4	2	9 5/8	3	0 7/8	8 3/4	9	6 3/8	11 1/4	8 5/8	3	0 5/8	2	10 7/8	2	10 1/2	2	10 1/4	2	10 7/8	1	6 7/8	1	3 1/2	1	8 1/4	1	8 1/2	1	6 1/2	1/4	1/4	3/4	3/8	3/8	1/4	1/4	1/4	1/4	1/4	3 7/8	3 3/8	2 5/8	3 5/8	3 3/8	1	0 5/8	9 7/8	11 7/8	1	3 3/8	1	0 1/4	1	1 5/8	3 1/2	1	1 5/8	3 1/2	8 1/2	10	11 7/8	9	7 3/4	10	10	10	2 3/4	10	3 5/8	3 1/2	6 5/8	3 1/4	4 5/8	4 3/8	10	8 3/4	9	1 1/2	10	6 3/4	9	10 1/8	9	11 1/4		
1906...	3	0 3/4	3	4 3/8	2	11	2	10 5/8	3	0 5/8	7 1/2	7 1/5	6 3/4	8	7 1/4	2	10 1/2	2	9 3/4	2	10 1/2	2	10 1/4	1	5 3/8	1	4 1/4	1	7 1/4	1	9 1/2	1	6 1/2	1/2	1/4	1/4	1/4	3/8	1/4	1/4	1/4	1/4	1/4	2 7/8	4 1/4	2 3/8	3 3/4	3 3/8	9 1/2	1	1 1/8	8 7/8	1	2	11 1/4	1	1 1/8	3 1/2	1	2 1/8	5 1/4	9	10	11 1/8	9	11 5/8	10	0 7/8	10	2 1/2	10	0 7/8	4 7/8	3 1/5	5 3/8	5 1/4	4 5/8	9	8 1/4	9	8 1/2	9	7 1/2	9	8 7/8	9	8 1/4					
1907...	3	1 5/8	3	0 5/8	2	11 1/4	2	10 3/4	3	0	8	6 3/4	5 1/4	8	7 1/2	2	10 1/2	2	9 3/4	2	9 3/4	2	11 1/2	2	10 1/4	1	3	1	1 1/4	1	6 1/2	1	11 3/4	1	5 5/8	1/4	1/4	1/4	1/2	3/8	1/8	1/4	1/4	1/4	1/4	4	3 1/8	3 1/2	4	3 5/8	10 3/8	10 3/4	9 1/4	1	4 1/2	11 3/4	1	0 1/4	3 3/4	1	0 5/8	4 1/8	8	10	1 3/4	9	0 1/2	9	10 5/8	10	7 3/8	9	11	4 1/8	4	4	4 1/5	4 1/5	9	9 5/8	8	8 1/2	9	6 5/8	10	3 1/4	9	6 7/8				
1908...	2	11 1/4	3	1 1/4	3	3 7/8	2	11 3/8	3	1	9 3/8	6 1/4	11 1/8	10 5/8	9 3/8	2	10 1/2	2	10 3/4	2	10 5/8	2	11 3/4	2	10 7/8	1	4	1	1 5/8	1	9 5/8	2	4 3/4	1	8	2 3/8	3/8	3/8	3/8	3/8	3/8	1/4	1/4	1/4	1/8	1/4	4 1/2	5	3	3 1/4	3 7/8	7 7/8	1	3 3/4	11 1/8	1	0 1/2	11 7/8	1	1 1/2	4	1	1 3/4	4	8 7/8	10	1 1/2	9	9 3/4	11	3 1/4	10	11	10	6 1/2	4 7/8	4 3/4	7 5/8	3	5 1/5	9	8 5/8	9	5	10	7 5/8	10	8	10	1 5/8		
1909...	3	4 1/2	3	2 7/8	3	1 5/8	3	0 1/2	3	2 1/2	7 7/8	9	6 3/4	10 1/2	8 1/2	3	2 5/8	3	7 1/4	3	7 1/4	3	5 1/4	3	5 1/2	1	9 3/2	1	7	2	0 1/4	2	5 1/2	1	11 1/2	1/2	5/8	5/8	5/8	5/8	5/8	1/4	1/4	1/4	1/4	1/4	2 7/8	1/4	2 3/4	2 3/4	2 1/8	11 3/8	1	1	1	1 3/4	1	1 5/8	1	0 7/8	1	2 7/8	3 5/8	1	4 3/4	4	10	11	6 1/4	10	7 5/8	12	2	11	7 1/4	11	5 7/8	4 1/4	4	7 1/8	4 7/8	5	11	2	10	3 7/8	11	6 7/8	11	2 3/8	11	0 7/8
1910...	3	0 3/4	3	3	2	11 7/8	2	11 3/8	3	0 3/4	7 3/4	7	5 7/8	9 1/2	7 3/2	3	4 1/4	3	5 1/2	3	1 3/5	3	0 1/2	3	2 3/4	1	8 5/8	1	6 1/4	1	11 3/8	2	0 1/2	1	9 3/5	1/2	5/2	5/2	5/2	5/2	1/4	1/4	1/4	1/4	1/4	3	2 3/4	2 1/4	2 3/8	2 5/8	1	1 7/8	1	3 1/8	1	5 1/4	1	1 3/8	1	2 7/8	1	5 1/2	4 5/8	1	4 1/5	4 1/5	10 1/4	11	8 1/4	10	8 1/4	11	6 7/8	10	5 5/8	11	1	2 3/8	2 3/8	4 1/4	4 3/8	3 1/2	11	5 3/8	10	5 7/8	11	2 5/8	10	1 1/4	10	9 1/2
1911...	3	0 3/2	2	11 1/2	3	1 7/8	2	7 5/8	2	11 1/4	7 1/4	7 1/4	5 3/4	10	7 1/2	2	9 5/8	2	8 1/4	2	8 1/2	2	8 3/4	2	8 7/8	1	5 3/4	1	3 5/8	1	10 3/8	1	11 5/8	1	7 7/2	1 1/3	1	1 1/4	5/8	1	1/4	3/8	3/8	1/4	1/4	2 1/4	3 1/2	3 1/2	5 1/2	3 5/8	1	1	1	0 3/4	1	3 3/4	1	0 1/2	1	1 1/2	1	2 5/8	2 7/8	1	3 1/5	3 1/2	8 7/8	10	5 3/4	9	3 5/8	11	2 1/8	10	0	10	2 3/4	3 3/4	8 1/5	6	2 3/4	5 1/5	10	2	8	7 1/2	10	8 1/8	9	9 1/4	9	9 5/8
1912...	3	3 3/4	3	3 3/4	3	1 1/2	3	2	3	2 5/2	7 1/2	9	8 1/4	11 1/5	9	2	10 7/8	2	9 3/4	2	10 1/4	3	3 7/8	2	11 5/8	1	6 1/2	1	4 3/5	1	11	2	5 1/2	1	9 5/5	3/4	3/4	3/4	1 3/5	3/5	1/4	1/4	1/4	3/5	1/4	4 1/5	2 7/5	3 2/5	4 1/2	3 2/5	1	1 1/2	9 3/5	1	0 7/8	1	4 1/5	1	0 7/8	1	3 2/5	3 1/5	1	4 5/25	3 7/5	10	11	2 1/5	9	7 1/4	11	4 3/4	12	0 1/2	11	0 1/2	5 2/5	2 3/5	6	4 5/5	4 5/25	10	9 1/5	9	4 7/10	10	10 3/4	11	7 7/5	10	7 1/5	
1913...	3	2 3/4	3	3 1/4	3	4 3/4	3	6 3/5	3	4 1/4	8	9 1/2	8	11 5/55	9 1/4	3	3 3/5	3	3 3/5	3	2 1/5	3	5 3/5	3	3 5/5	1	9 1/2	1	8 1/5	2	3 1/4	2	4 1/4	2	0 3/2	1 3/5	1/5	1 1/4	1 1/4	1	1/4	1/4	3/5	1/4	1/4	4 5/5	4	3 7/5	4 3/4	4 1/5	9 7/5	10 7/5	11 3/5	11 5/5	11	1	7 3/5	3	1	4 1/2	4 1/4	10 5/5	11	11 1/5	10	6 1/2	12	3 1/4	12	1 3/4	11	8 5/5	3 1/4	4 1/5	4 5/5	5 3/4	4 1/2	11	7 3/5	10	2 3/5	11	10 5/5	11	8	11	4 1/5					



THE
MEDICAL SUPERINTENDENT'S REPORT.

THE MEDICAL SUPERINTENDENT has the honour to submit the Ninth Annual Report to you as the Committee of Visitors of the Brighton County Borough Asylum, being the Fifty-fourth since the opening of the Asylum.

The Admissions during the year ending September 30th, 1912, have been—Males, 98; Females, 92; Total, 190.

The Discharges during the year have been—Males, 70; Females, 96; Total, 166.

The Deaths during the same period have been—Males, 31; Females, 41; Total, 72.

The Average Number Daily Resident during the year has been—Males, 348; Females, 462; Total, 810.

The Numbers in the Asylum this day, 30th September, 1912, are—Males, 365; Females, 462; Total, 827.

They are chargeable as follows:—

	Males.	Females.	Total.
To Brighton Parish . . .	239	326	565
To the portion of Steyning Union included in the County Borough of Brighton	28	44	72
To the County Borough of Brighton	3	4	7
To Out-County Unions . .	5	6	11
Private Patients	10	21	31
Patients under Contract—			
London	20	—	20
Eastbourne	60	61	121

The total number of patients chargeable to Brighton and to the Steyning Union has decreased by 43, viz., a decrease of Males, 9, and of Females, 34.

The Admissions during the year from the Parish of Brighton and from the portion of Steyning Union in the County Borough of Brighton have been—Males, 52; Females, 66; Total, 118.

Of the Admissions, 123 in number (excluding transfers from other Asylums), 32.1 per cent. of the Males were deemed curable, and 49.3 per cent. of the Females. Excluding transfers from other Asylums, the percentage of those discharged as recovered within the year is 10.8 per cent. more than last year, viz., 40.7 as against 29.9 per cent.

TABLE I.—SHEWING THE EXPECTANCY OF RECOVERY
ON THE DIRECT ADMISSIONS.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	56	6	12	38	12
Females	67	9	24	34	27

TABLE II.—SHEWING THE AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males	34	45	17	2
Females	28	39	24	1

TABLE III.—SHEWING THE FORM OF MENTAL
DISORDER OF THE YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Congenital with Epilepsy	2	2	4
„ without Epilepsy	4	2	6
Insanity with Epilepsy.....	4	2	6
General Paralysis	11	3	14
Insanity with the Grosser Brain Lesions	1	1	2
Acute Delirious Mania	1	2	3
Confusional Insanity.....	5	4	9
Mania—Acute	19	21	40
„ —Chronic	5	4	9
Melancholia—Acute	9	20	29
„ —Chronic	2	2	4
Manic Depressive Insanity	2	2	4
Delusional Insanity	16	14	30
Moral Insanity	1	2	3
Dementia { Primary.....	5	6	11
{ Secondary.....	8	2	10
{ Senile	3	3	6
TOTAL	98	92	190

TABLE IV.—SHEWING THE FURTHER HISTORY OF
THE YEAR'S DIRECT ADMISSIONS.

	Males.	Females.	Total.
Discharged Recovered.....	11	15	26
,, to Care of Friends	6	3	9
Transferred to other Asylums	2	5	7
Died	8	9	17
Remain in Asylum	29	35	64
Total	56	67	123

The Discharges were 166, of whom 70 were Males and 96 Females.

Of the 70 Males who were discharged, 16 had recovered, this being a percentage of 28.6 on the admissions, excluding transfers, 18 were discharged to the care of friends, one was removed to the Workhouse relieved, and 35 were removed to other Asylums.

Of the 96 Females who were discharged, 34 had recovered, this being a percentage of 50.7 on the admissions, excluding transfers, 16 were discharged to the care of friends, 6 were removed to Workhouse relieved, and 40 were transferred to other Asylums.

Seventy-two deaths occurred, viz., 31 Males, 41 Females. The death rate, based on the average daily number resident, is Males, 8.9; Females, 8.9. For both sexes 8.9 per cent. Of the total deaths 10 were due to tuberculosis, 8 to bronchitis or pneumonia, 4 to heart disease, 2 to nephritis, 12 to general paralysis, 8 to old age, 3 to exhaustion from mania, one to

carcinoma of the stomach, 7 to dysentery, and the remaining 17 to various forms of brain disease or other constitutional disorder.

TABLE V.—AGES AT DEATH.

	0—5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths.
Males	7	11	10	3	31
Females	3	11	19	8	41
Total	10	22	29	11	72

The Mean Age at Death for both sexes was 55.4 years—Males, 51.5; Females, 58.3.

The Coroner held one inquest during the year, on the body of a Male patient, who was admitted in a feeble state of health, and died three days later. The jury returned a verdict that death was due to natural causes, and that his removal to the Asylum was not a contributory cause to his death.

There has been one serious non-fatal casualty, to an elderly Male patient, who was pushed by a fellow patient, and fell, fracturing the neck of his femur.

There has been unusual variation in the general health of the patients during the past year. In the spring there was much sickness, and the death rate was high; an epidemic of Influenza attacked both patients and staff, and there was an outbreak of Dysentery. To meet the latter emergency the sanatorium was used as an isolation hospital while the epidemic lasted. On the other hand, during the

three summer months, there were only 3 deaths, equivalent to an average annual rate of 1.5 per cent., and for a period of 20 consecutive weeks the Female side, with an average population of about 450, had not a single death. Among the deaths was that of a Female patient who had been an inmate for $52\frac{1}{4}$ years.

On the 1st of January Night - Attendant Philip Hammond died of cerebral hæmorrhage. He had been 23 years in the Asylum service, was a trustworthy, able man, and his loss was regretted by the entire Staff. You voted a substantial gratuity to his widow.

There has been one birth during the year, a patient received from Brighton, but afterwards adjudicated to a London County Union, being delivered of a female child three months after admission.

There have been four escapes; a male patient climbed the airing-court wall with the assistance of a fellow patient, a female escaped when on the "road-walk," a male when working on the farm, and another male while attending the picnic. All were re-captured and brought back to the Asylum, the last-mentioned after an absence of 4 days, the others within 24 hours.

The Commissioners in Lunacy visited the Asylum on the 21st of February.

A Committee of the Eastbourne Town Council, also Deputations from the Brighton, Eastbourne and Steyning Boards of Guardians have visited their patients, and left favourable reports.

Your contract with the County Borough of West Ham having expired, the West Ham patients were removed to other Asylums in December last. A

further contract has been made with the Eastbourne Town Council for the reception of 40 additional patients, 20 of each sex. These patients were admitted in August. Further vacant accommodation existing on the Male side of the Asylum, you entered into a contract with the London County Asylums' Committee and 20 London male patients were admitted in June. All these changes have been effected without mishap of any kind.

Numerous important repairs and alterations have been carried out during the year.

Male Ward No. 6 has been generally improved, the walls plastered, the iron lattices replaced by double-hung wood sashes, the ceiling renewed, and the lighting improved by an additional skylight.

Male Wards Nos. 1, 2, 3 and 4 (which were plastered in 1911), have been re-decorated throughout.

Automatic spray-baths have been installed in the Male general bathroom.

The number of internal fire hydrants being found deficient at the two extremities of the building, 9 new hydrants have been placed in position, 7 on the Female side and 2 on the Male side. The new hydrants are supplied from the outside high-pressure main.

A new platform and outside iron staircase has been erected, giving emergency exit from the Laundry-Maids' quarters.

A new bathroom has been built for the Female Officers.

A small dormitory on the Female side has been re-constructed as a Matron's office, with a new entrance from the Matron's corridor.

The water main and the main drain from the administrative block, which formerly ran in the same subway, have been separated, a new subway has been constructed and a new drain laid down.

An additional hydro-extractor has been placed in the Laundry.

The Attendants' Mess Rooms on both sides have been re-decorated, as also the Scullery of the Female Dining Hall.

Important alterations now in progress are the re-construction of Female Ward No. 6, and the improvement of the Airing Courts. The Ward is being enlarged to more than twice its previous size, and the old portion is being renewed, the walls plastered and the iron lattices re-placed by double-hung wood sashes. The whole of the Airing Courts are being re-arranged and much enlarged, the loose gravel removed, turf and flower beds laid down, and the boundary walls re-placed by iron fencing masked by a privet hedge. It is expected that these changes will be completed early in 1913.

The conduct of the Staff has been generally good.

There has been one change in the Official Staff, Miss Jeannie Goodwin being appointed Matron in place of Miss Mary Ann Buckle, whose retirement was mentioned in my last annual report.

I have to acknowledge the valuable assistance of my Medical Colleagues in carrying on the work of

the Institution : also the hearty co-operation and willing help of the entire Staff.

To you, gentlemen, I offer grateful thanks for your generous support and continued confidence in my administration.

CHARLES PLANCK,
Medical Superintendent.

ATTENDANTS AND NURSES WHO HAVE OBTAINED THE
CERTIFICATE OF THE MEDICO-PSYCHOLOGICAL
ASSOCIATION.

George Catchlove	Jasper Pattenden
Frederick Cook	Frank Tarry
Louisa Green	Ernest Betts
Albert E. Hunt	Patrick Quinn
Ralph Barton	Edward Cottingham
Stephen W. Sims	James B. McDermott
William Mills	Amos W. Newnham
Harry Hollingdale	Francis W. Osmond
Ellen L. Levett	Lawrence White
Daisy F. Eldridge	

PASSED THE PRELIMINARY EXAMINATION.

Sarah Bent	Frank Chatfield
Ida N. Jones	Ernest H. Vinehill
Edward A. Hammond	Gladys Evans
Charles F. Manning	

31st March, 1913.

THE CHAPLAIN'S ANNUAL REPORT.

THE CHAPLAIN has the honour to lay before the Committee his Annual Report.

The Sunday Services in the Chapel and the Daily Prayers in the Dining Halls have been regularly held. The quiet reverence shewn by the patients is very marked.

The Chaplain is glad to be able to report a great improvement in the rendering of the musical portions of the Sunday Services. With a very capable Organist and a large addition to the Choir, the Psalms, Canticles and Hymns are much better sung than they have been for many years.

The usual number of books (600) has been purchased for the Library. The shelves on both sides of the House are now well filled.

There have been 72 deaths during the year, and 32 burials in the Asylum Cemetery.

During the Chaplain's holiday in September the duties were taken by the Rev. F. E. Browett, of Haywards Heath.

(Signed) E. R. D. LITTLE, M.A.

September 30th, 1912.

STATISTICAL TABLES

FOR THE

YEAR ENDING 31ST DECEMBER, 1912.

TABLE A 1.
 General Table, shewing the movement of the Asylum
 Population during the Year 1912.

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Asylum Registers, Jan. 1st, 1912	339	465	804			
Total Cases Admitted during the Year	97	86	183			
Total Cases under Treatment during the Year				436	551	987
Cases Discharged or Trans- ferred during the Year—						
Recovered	14	30	44			
Relieved	21	19	40			
Not Improved.....	5	5	10			
Died during the Year	34	34	68			
Total Cases Discharged, Transferred and Died during the Year				74	88	162
On the Asylum Registers, Dec. 31st, 1912				362	463	825
Average Daily Number on the Registers during the Year...				347	454	801

Certified Persons (i.e., separate persons in contradistinction to “cases,” which may include the same individual more than once).

	M.	F.	T.
Certified under Care during the Year ...	436	548	984
,, Admitted	97	84	181
,, Recovered	15	30	45

TABLE A 2.

GENERAL TABLE, showing the movement of the Asylum Population during each Year since the Year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.									Total Number under Treatment.			Discharged or Transferred.									Died.			Remaining on Registers 31st December.			Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Recoveries yielded by Direct Admissions on the Direct Admissions.			Percentage of Deaths on Average Number on Registers.		
	Direct.			Indirect.			Total.						Recovered.			Relieved.			Not Improved.																							
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
1859...	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	1	1	2	4	6	10	136	153	289	108	125	233	1'4	2'4	2'0	7'1	13'8	10'5
1860...	66	75	141	14	29	43	80	104	184	216	257	473	13	22	35	4	3	7	4	...	4	25	9	34	170	223	393	160	198	358	16'2	21'2	19'0	19'7	29'3	24'8	18'2	21'3	19'9	15'6	4'6	9'5
1861...	52	60	112	51	6	57	103	66	169	273	289	562	6	19	25	2	1	3	12	19	31	27	19	46	226	231	457	194	226	420	5'8	28'8	14'8	11'5	31'7	22'3	11'5	28'3	20'5	14'0	8'4	11'0
1862...	56	68	124	4	1	5	60	69	129	286	300	586	14	16	30	1	6	7	5	3	8	22	18	40	244	257	501	232	249	481	23'3	23'2	23'3	25'0	23'5	24'2	19'6	23'5	21'8	9'5	7'2	8'3
1863...	53	21	74	6	1	7	59	22	81	303	279	582	16	18	34	9	2	11	33	1	34	28	15	43	217	243	460	235	256	491	27'1	81'9	42'0	30'2	85'7	45'9	30'2	85'7	45'9	11'9	5'9	8'8
1864...	60	48	108	4	22	26	64	70	134	281	313	594	11	10	21	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	17'2	14'3	15'7	18'3	20'8	19'4	16'7	18'7	17'6	16'1	8'4	12'1
1865...	61	53	114	6	4	10	67	57	124	292	333	625	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23'9	29'8	26'6	26'2	32'1	28'9	24'6	30'2	27'2	15'9	10'3	12'8
1866...	66	85	151	4	4	8	70	89	159	303	366	669	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24'3	28'1	26'4	25'8	29'4	27'8	24'2	29'4	27'2	16'7	10'1	13'1
1867...	66	92	158	3	1	4	69	93	162	309	396	705	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21'7	29'0	25'9	22'7	29'3	26'6	22'7	28'3	25'9	14'3	11'9	12'9
1868...	49	71	120	70	2	72	119	73	192	371	388	759	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11'7	46'6	25'0	28'6	47'9	40'0	28'6	43'7	37'5	9'6	7'4	8'4
1869...	53	67	120	7	1	8	60	68	128	382	393	775	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35'0	36'8	35'9	39'6	37'3	38'3	35'8	37'3	36'7	10'9	8'7	9'8
1870...	81	80	161	2	3	5	83	83	166	401	415	816	29	32	61	5	2	7	28	29	57	339	352	691	332	344	676	34'9	38'6	36'7	35'8	40'0	37'9	35'8	40'0	37'9	8'4	8'4	8'4
1871...	50	62	112	2	2	4	52	64	116	391	416	807	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53'8	54'7	54'3	56'0	56'5	56'2	56'0	56'5	56'2	12'5	9'0	10'6
1872...	89	97	186	49	33	82	138	130	268	399	471	870	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16'7	33'8	25'0	25'8	45'4	36'0	23'6	44'3	34'4	11'8	8'7	10'1
1873...	96	102	198	4	2	6	100	104	204	432	487	919	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30'0	41'3	35'8	31'2	42'2	36'9	29'2	39'2	34'3	13'4	6'4	9'6
1874...	118	114	232	1	4	5	119	118	237	461	509	970	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24'4	33'9	29'1	24'6	35'1	29'7	24'6	35'1	29'7	18'4	10'1	13'9
1875...	112	122	234	10	14	24	122	136	258	481	550	1031	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18'9	25'0	22'1	20'5	27'9	24'4	20'5	26'2	23'5	16'8	14'0	15'3
1876...	114	102	216	17	15	32	131	117	248	484	536	1020	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32'8	40'2	36'3	37'7	46'1	41'7	36'8	45'1	40'7	11'8	9'4	10'5
1877...	90	101	191	15	16	31	105	117	222	476	540	1016	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24'8	29'1	27'0	28'9	33'7	31'4	28'9	32'7	30'9	12'8	11'7	12'2
1878...	103	107	210	9	14	23	112	121	233	470	548	1018	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33'9	25'6	29'6	36'9	29'0	32'9	35'0	28'0	31'4	13'0	13'3	13'1
1879...	102	103	205	2	8	10	104	111	215	458	547	1005	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30'8	32'4	31'6	31'4	35'0	33'1	30'4	33'0	31'7	13'3	11'4	12'2
1880...	108	109	217	7	5	12	115	114	229	474	551	1025	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40'0	28'1	34'1	42'6	29'4	35'9	42'6	28'4	35'5	14'7	7'1	10'5
1881...	98	117	215	4	3	7	102	120	222	451	573	1024	45	34	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44'1	28'3	35'6	45'9	29'1	36'7	43'9	28'2	35'3	9'7	7'2	8'3
1882...	111	103	214	4	4	8	115	107	222	472	596	1068	43	70	113	10	20	30	2	6	8	51	27	78	366	473	839	360	475	835	37'4	65'4	50'9	38'7	68'0	52'8	38'7	66'0	51'9	14'2	5'7	9'3
1883...	101	131	232	2	6	8	103	137	240	469	610	1079	42	53	95	30	38	68	...	2	2	41	39																			



TABLE B 1.

Analysis of the Admissions during the Year 1912.

Classes of Admissions.	Congenital.									Acquired.									Total.		
	First Attack.			Not First Attack.			Unknown whether First Attack or not.														
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
Direct	6	6	37	33	70	12	24	36	4	1	5	53	64	117						
Indirect { Transfers	6	1	7	28	13	41	7	6	13	3	1	4	44	21	65						
Statutory Re-Admissions	1	1	1	1						
Total Admissions.....	6	7	13	65	47	112	19	30	49	7	2	9	97	86	183						

TABLE B 2.

Showing the Duration of the present attack of Mental Disorder on Admission in the Admissions during the Year 1912, distinguishing between the Direct and the Transfers, and stating (in those not Congenital) whether First Attack or not.

Duration of Mental Disorder prior to Admission.	Direct Admissions.									Total.		
	First attack.			Not first attack.			Unknown whether first attack or not.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Less than 2 weeks	7	8	15	4	7	11	1	...	1	12	15	27
2 weeks and less than 1 month	1	9	10	4	4	8	...	1	1	5	14	19
1 month " 3 months	4	6	10	2	6	8	6	12	18
3 months " 6 "	5	2	7	1	1	2	6	3	9
6 " " 9 "	2	2	4	1	2	3	3	4	7
9 " " 12 "	2	2	4	...	1	1	2	3	5
12 " " 18 "	7	...	7	...	2	2	7	2	9
18 " " 2 years	1	2	3	1	2	3
2 years " 3 "	1	1	2	1	1	2
3 " " 5 "	2	1	3	2	1	3
5 " " 10 "	2	...	2	2	...	2
10 " " 15 "	1	...	1	1	...	1
20 " " 25 "
Duration unknown	2	...	2	...	1	1	3	...	3	5	1	6
Congenital Cases	6	6
Totals.....	37	33	70	12	24	36	4	1	5	53	64	117

TABLE B 3.

Showing the Ages and Civil State on Admission, in the Admissions, Direct and Transfers grouped together, and in the Congenital Cases of the Direct Admissions.

[illegible][illegible]

TABLE B 4.

Showing in the Direct Admissions during the year 1912, excluding the Congenital Cases and the cases "Unknown whether First Attack or not"—(a) The age at commencement of the Present Attack of mental disorder in both the First-Attack and Not-First-Attack cases, respectively arranged according to their civil state; (b) The age on First-Attack in the Not-First-Attack cases; and (c) A statement of the number of Previous Attacks in the Not-First-Attacks, known to have been treated to recovery in an institution or elsewhere.

[illegible]

TABLE B 5.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the Year 1912.

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiotcy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { a. With Epilepsy b. Without Epilepsy	...	3	3	2	1	3	2	4	6
	2. Moral
	
Insanity occurring later in life.	1. Insanity with Epilepsy	3	...	3	2	...	2	5	...	5
	2. General Paralysis of the Insane	8	1	9	5	...	5	13	1	14
	3. Insanity with Grosser Brain Lesions	...	1
	4. Acute Delirium	1	1	2	1	1	2
	5. Confusional Insanity	6	8	14	...	1	1	6	9	15
	6. Stupor
	7. Primary Dementia	4	1	5	2	2	4	6	3	9
	8. Mania { a. Recent b. Chronic c. Recurrent	7	12	19	7	12	19
		1	...	1	9	...	9	10	...	10
		1	5	6	1	5	6
	9. Melancholia { a. Recent b. Chronic c. Recurrent	5	19	24	2	3	5	7	22	29
		1	...	1	2	5	7	3	5	8
	10. Alternating Insanity	2	4	6	1	1	2	3	5	8
	11. Delusional Insanity { a. Systematised b. Non-systematised
	12. Volitional Insanity { a. Impulse b. Obsession c. Doubt	5	2	7	7	2	9	12	4	16
		1	...	1	1	2	3	2	2	4
	
	13. Moral Insanity
	14. Dementia { a. Senile b. Secondary	...	2	2	2	2
		2	2	4	2	2	4
Totals		53	64	117	44	22	66	97	86	183



TABLE B 7.—ÆTIOLOGICAL.

Showing the Ætiological Factors and Associated Conditions assigned in the Direct Admissions during the Year 1912, distinguishing between cases—Congenital, First-Attack, Not-First-Attack, and Unknown-whether-First-Attack-or-Not.

[illegible]

* One entry, and one only, has been made in these columns for each case recorded in them; thus the totals of these columns will equal the number of cases belonging to that particular class.
† As several factors will have sometimes been entered in these columns in respect of one case, and, on the other hand, there may have been none to enter, no attempt should be made to totalise these columns.
‡ All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.
§ The figures in this column, as far as the end of Group L, should be repeated in Table B 8 in the column similarly marked.

TABLE B 9.

Showing the GENERAL PARALYTICS in the Direct Admissions during the Year 1912, arranged according to their Ages at Commencement of the Attack and to their Civil State, and also the number of instances in which the Attack was ascertained to have been preceded by Syphilis, together with the Age at which the latter was contracted.

Civil State.	Age at Commencement of the Attack of General Paralysis.																								Totals.			With positive evidence of Syphilis.					
	Under 15.			15—19.			20—24.			25—34.			35—44.			45—54.			55—64.			65 and upwards.									Unknown.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
Single	1	...	1	2	...	2	3	...	3	1	...	1
Married	2	1	3	2	...	2	4	1	5	2	...	2	
Widowed	1	...	1	1	...	1	
Unknown.....	
Totals.....	1	...	1	3	1	4	4	...	4	8	1	9	3	...	3	
Syphilis, Congenital	
„ contracted prior to age 25.....	
„ „ 25—34.....	
„ „ 35—44.....	
„ „ 45—54.....	
„ „ at or after age 55	
„ „ at age unknown	3	...	3	3	...	3	



Showing the *Ætiological* Factors ascertained in the Recoveries during the Year 1912, distinguishing between cases—First-Attack, Not-First-Attack, and Unknown—whether-First-Attack-or-Not.

* One entry, and one only, has been made in these columns for each case recorded in them; thus the totals of these columns will equal the number of cases belonging to that particular class.
† As several factors will have sometimes been entered in these columns in respect of one case, and, on the other hand, there may have been none to enter, no attempt should be made to totalise these columns.
‡ All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.
§ The figures in this column, as far as the end of Group L, should be repeated in Table C 5 in the column similarly marked.

TABLE C 5.—Showing, in respect of the First-Attack Cases in the Recoveries during the Year 1912, the full correlation between the various *Ætiological Factors* ascertained.

[illegible]

§ In this column the figures in the sixth column of Table C 4 have been repeated as far as GROUP "L."
 ‡ All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.

Showing in the RECOVERIES during the year 1912 the Duration of the present attack previous to admission, either direct to this Institution or to any other Institution under the existing Reception Order, and also the Duration of Residence (including absence "on leave") in this and any other Institution from which the patient may have been transferred, arranged according to whether the attack is the First, "Not-First," or "Unknown-whether-First-or-not."

[illegible]

TABLE D 1.

Showing all the Causes of Death that entered into the Deaths during the Year 1912, arranged as Principal, Contributory, and the Totals of these; also the number of times each Cause (whether Principal or Contributory) was associated with certain Selected Causes; and the number of occasions each principal Cause of Death was verified by Post-mortem Examination.

Names of Causes of Death.	* Instances when returned as Principal.			No. ver- ified P.M.	Instances when returned as Contributory.			Total Incidence.			Showing the total correlation between any given Cause of Death (whether acting as Principal or Contributory) and the subjoined selected causes.																													
	M.	F.	T.		M.	F.	T.	M.	F.	T.	Epidemic Diarrhoea and Infective Enteritis.		Dysentery (Colitis).		Pneumonia.		Pulmonary Tuber- culosis.		General Paralysis of the Insane.		Exhaustion from Mania or Melan- cholia.		Valvular Heart Disease.		Fatty Degen- eration of the Heart.		Cerebral Hæmor- rhage.		Chronic Bright's Disease.											
											M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
General Diseases.																																								
Dysentery	5	5	4	5	5	
Tuberculosis of Lung	3	6	9	5	3	6	9
„ Peritoneum	1	...	1	1	1	...	1
Diseases of Nervous System.																																								
Spinal Sclerosis	1	...	1	1	...	1	
Cerebral Hæmorrhage	1	...	1	1	1	...	1	2	...	2	
Softening of Brain	3	2	5	5	1	...	1	4	2	6	
General Paralysis of the Insane	9	4	13	6	9	4	13	1	
Exhaustion from Mania	3	3	2	3	3	
Epilepsy	3	2	5	3	3	2	5	
Brain Atrophy	1	1	1	1	1	
Diseases of Circulatory System.																																								
Valvular Disease of Heart	2	3	5	3	2	3	5	
Arterio Sclerosis	1	1	2	1	2	1	3	3	2	5	1	
Diseases of Respiratory System.																																								
Bronchitis	1	1	2	2	1	1	2	
Broncho-Pneumonia	1	1	2	2	1	1	2	
Pulmonary Congestion	1	...	1	1	...	2	2	1	2	3		
Lobar Pneumonia	3	...	3	2	3	...	3	
Infarction of Lung	1	...	1	1	1	...	1		
Diseases of Urinary System.																																								
Bright's Disease	1	1	2	1	1	1	2	
Other Causes.																																								
Senile Decay	2	4	6	5	2	4	6	
Total	34	34	68	46																																				
* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 2.																																								

* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 2.



TABLE D 2.—Showing the Principal Cause of Death in each Death during the Year 1912, together with the Ages at Death in Quinquennial Periods.

[illegible]

* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 1.



TABLE D 3.

Shewing the Total Duration of the Present Attack of Mental Disorder in the Deaths during the Year 1912, arranged according to the Form of Mental Disorder on Admission.

[illegible]

TABLE E 1.

Showing the Ages (in quinquennial periods) of those on the Registers on the 31st December, 1912, arranged according to the Total Duration of present Attack of Mental Disorder.

Ages on 31st December, 1912, of those on Registers at that date.																																			
Total Duration of Present Attack of Mental Disorder.	Less than 10.		10-14.		15-19.		20-24.		25-29.		30-34.		35-39.		40-44.		45-49.		50-54.		55-59.		60-64.		65-69.		70-74.		75-80.		80 and over.		Totals.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
Congenital	9	4	6	11	16	9	9	4	7	2	5	1	3	8	3	2	2	2	60	43	103*
Less than 3 months	1	...	1	1	1	...	2	1	1	2	1	1	1	1	5	9	14
3 months and less than 6 months	1	1	1	1	2	1	...	1	...	2	1	3	...	1	5	10	15
6 " " 12 " 	1	...	1	2	1	2	...	2	2	1	...	1	1	...	1	1	2	9	9	18
12 " " 18 " 	1	1	1	1	1	3	...	1	2	3	4	2	2	2	2	3	2	...	1	13	19	32
18 " " 2 years	1	2	...	2	1	2	1	3	...	1	1	1	...	1	4	12	16	
2 years " 3 " 	2	3	2	3	2	3	4	4	3	2	4	3	3	...	2	1	4	1	1	2	3	1	...	23	30	53
3 " " 5 " 	1	1	2	5	7	2	6	4	6	7	4	4	...	8	3	4	1	2	3	2	...	1	...	2	...	1	33	43	76
5 " " 10 " 	1	...	4	7	5	13	13	14	7	13	7	12	9	16	8	12	7	8	16	11	3	3	...	3	1	1	81	113	194
10 " " 15 " 	2	10	1	8	6	5	8	5	17	7	12	6	4	2	10	1	3	1	6	2	2	...	2	47	73	120	
15 " " 20 " 	1	1	4	3	5	3	10	6	5	5	1	7	3	14	3	3	2	3	...	1	1	2	35	48	83	
20 " " 25 " 	1	...	2	3	5	4	4	7	4	6	3	4	2	4	1	...	1	23	28	51	
25 " " 30 " 	1	2	...	4	1	2	1	2	2	...	1	2	1	6	13	19	
30 " " 35 " 	1	2	...	2	3	1	1	1	...	1	1	7	6	13		
35 " " 40 " 	2	1	3	1	1	6	2	8		
40 " " 45 " 	2	1	1	1	3	2	5	
45 " and over	1	1	1	1	1	2	3	5	
Totals.....	9	7	10	17	28	29	41	28	48	36	41	49	41	61	37	66	30	44	22	54	33	29	14	24	4	10	4	9	362	463	825

* The figures here should correspond with the total of (a) and (b), Congenital Cases in Table E 2.

TABLE E 2.—Showing the Form of Mental Disorder on 31st December, 1912, of those on the Registers at that date.

Forms of Mental Disorder on 31st December.		M.	F.	T.
Congenital or infantile mental deficiency (idiotcy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { <i>a.</i> With Epilepsy	15	19	34
	<i>b.</i> Without Epilepsy	45	24	69
	2. Moral
Insanity occurring later in life.	1. Insanity with Epilepsy.....	33	20	53
	2. General Paralysis of the Insane	14	4	18
	3. Insanity with Grosser Brain Lesions	1	7	8
	4. Acute Delirium	6	2	8
	5. Confusional Insanity	5	5
	6. Stupor.....	7	3	10
	7. Primary Dementia	15	9	24
	8. Mania { <i>a.</i> Recent.....	10	26	36
	<i>b.</i> Chronic	64	89	153
	<i>c.</i> Recurrent	10	11	21
	9. Melancholia { <i>a.</i> Recent.....	11	43	54
	<i>b.</i> Chronic	46	62	108
	<i>c.</i> Recurrent	3	14	17
	10. Alternating Insanity	1	2	3
	11. Delusional Insanity { <i>a.</i> Systematised	19	13	32
	<i>b.</i> Non-systematised	10	17	27
	12. Volitional Insanity { <i>a.</i> Impulse
	<i>b.</i> Obsession
	<i>c.</i> Doubt
	13. Moral Insanity	1	4	5
	14. Dementia { <i>a.</i> Senile	2	4	6
	<i>b.</i> Secondary	49	85	134
Totals		362	463	825
Prospect of Mental Recovery { Favourable		6	8	14
Doubtful		10	12	22
Unfavourable.....		346	443	789

DIET SCALE.

	BREAKFAST At 8.0 A.M.				DINNER at 1.0 P.M.												SUPPER at 6.0 P.M.																
	Males.		Females.		Males.								Females.				Males.				Females.												
	Bread.	Butter.	Cocoa.	Bread.	Butter.	Bread.	Meat Pudding.	Plum Dumpling.	Suet Pudding.	Uncooked Meat.	Cheese.	Pea Soup.	Irish Stew.	Vegetables.	Bread.	Meat Pudding.	Plum Pudding.	Uncooked Meat.	Cheese.	Pea Soup.	Irish Stew.	Vegetables.	Bread.	Cake.	Butter.	Jam.	Tea.	Bread.	Cake.	Butter.	Jam.	Tea.	
Sunday ...	oz. 8	oz. $\frac{1}{2}$	pt. 1	oz. 6	oz. $\frac{1}{2}$	pt. 1	oz. 12	oz. 16	oz. 12	oz. 6	oz. 1	pt. 1	pt. 1	oz. 16	oz. 2	oz. 12	oz. 12	oz. 8	oz. 12	pt. 1	pt. 1	oz. 12	pt. 1	oz. 6	oz. 1	pt. 1	oz. 1	oz. 36	oz. 6	oz. 1 $\frac{1}{2}$	oz. 2	pt. 7	
Monday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	8	12	6	1	1	1	8	2	12	5	4	5	1	1	1	1	8	1	1	1	1	8	6	1 $\frac{1}{2}$	2	1
Tuesday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	12	12	4	1	1	1	12	4	12	4	4	4	1	1	1	1	8	1	1	1	1	8	6	1 $\frac{1}{2}$	2	1
Wednesday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	16	12	8	1	1	1	12	12	12	4	4	1	1	1	1	12	1	6	1	1	1	8	6	1 $\frac{1}{2}$	2	1
Thursday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	12	12	4	1	1	1	12	6	12	6	6	1	1	1	1	8	1	6	1	1	1	8	6	1 $\frac{1}{2}$	2	1
Friday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	12	12	4	1	1	1	12	6	12	6	6	1	1	1	1	8	1	6	1	1	1	8	6	1 $\frac{1}{2}$	2	1
Saturday ...	8	$\frac{1}{2}$	1	6	$\frac{1}{2}$	1	12	12	12	4	1	1	1	8	1	12	4	4	4	1	1	1	1	8	1	6	1	1	8	6	1 $\frac{1}{2}$	2	1
Weekly Total	56	3 $\frac{1}{2}$	7	42	3 $\frac{1}{2}$	7	24	16	12	32	1	1	1	72	14	24	12	31	1	1	1	64	48	8	1 $\frac{1}{2}$	2	7	36	6	1 $\frac{1}{2}$	2	7	

Bread is given practically *ad libitum*.

DINNER.

Male Patients.		Female Patients.	
Sunday ...	Boiled Meat and Suet Pudding, with Rice and Fruit in season. Pea Soup.	Roast Meat, with Rice and Fruit in season.	Friday ...
Monday ...	Meat Pudding or Pie.	Boiled Meat with Peas Pudding or Rice. Irish Stew.	Meat Pudding. Every other Friday, $\frac{3}{4}$ lb. of Fresh Fish, 12oz. Potatoes and 4oz. Bread and Sauce. Irish Stew.
Tuesday ...	Plum Dumpling and Sauce.	Meat Pudding or Pie.	Saturday ...
Wednesday ...	Roast Meat.	Plum Pudding & Sauce.	
Thursday ...			

Bread and Vegetables Daily.—When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females. Yorkshire Pudding or Fruit Tart occasionally substituted for other Puddings.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Male Working Patients.— $\frac{1}{2}$ pint Gingerette or other Non-alcoholic Liquors, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ pint Gingerette at 4 P.M. Tobacco and Snuff given as indulgences.

Ditto Female Working Patients.— $\frac{1}{2}$ pint Cocoa, 2oz. Bread, 1oz. Cheese at 11 A.M.

Ditto Kitchen, Dining Hall and Laundry Patients.—4oz. Bread with Butter, and $\frac{1}{2}$ pint Tea at 4 P.M.

Cocoa for One Hundred Patients.—3 $\frac{1}{4}$ lbs. Cocoa, 4 $\frac{3}{4}$ lbs. Sugar, 2 gallons Milk, or more, if the Dairy yields it.

Coffee 1 $\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 3 $\frac{3}{4}$ lbs. Sugar, 2 gallons Milk.

Tea 1lb. Tea, 4lbs. Sugar, and 2 gallons Milk.

Pea Soup { The Liquor of the Cooked Meat, Bones, &c.; 18lbs. Split Peas; Carrots, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pudding or Pie 25lbs. Meat; 25lbs. Flour; 6 $\frac{1}{4}$ lbs. Suet.

Irish Stew 25lbs. Meat with Potatoes and other Vegetables and Pearl Barley.

Plum Pudding, 100lbs. weight.—48lbs. Flour; 12lbs. Suet; 8lbs. Raisins; 8lbs. Currants.

Suet Pudding 60lbs. Flour; 15lbs. Suet.

Attendants' and Servants' Diet.—1lb. Uncooked Meat (Women, $\frac{3}{4}$ lb.), 1lb. Vegetables, 1lb. Bread, $\frac{1}{2}$ pint New Milk daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, 1lb. Bacon, $\frac{1}{2}$ lb. Butter, 1lb. Cheese (Women, $\frac{1}{2}$ lb.) weekly. Sunday—Fruit Pudding or Tarts, Jam and Cake alternately.

Suet Pudding once a week. If Puddings or Tarts are served twice a week deduct $\frac{1}{4}$ lb. meat. Night Attendants (non-resident) 2oz. Tea and 8oz. Sugar weekly.

31st March, 1913.

(Signed) CHARLES PLANCK,
Medical Superintendent.



REPORT OF COMMISSIONERS IN LUNACY.

BRIGHTON LUNATIC ASYLUM,

21st February, 1912.

The changes among the patients in this Asylum since the visit paid to it by two of our colleagues in July last have been as follows:—88 have been admitted; 122 have been discharged or removed, of whom 30 had recovered; and 51 have died. The result is that there are now on the books the names of 330 male and 457 female patients, a total of 787, which is a considerable reduction on the number at the date of the last visit, namely 872. The diminution is only partly accounted for by the removal of the West Ham patients, which has been effected in the interval, the contract for their reception having expired. Twenty-nine patients are of the private class, for whom the weekly charge varies from 16s. to 42s.; of the others 89 are Eastbourne cases, and 8 are chargeable to various Unions outside the Borough. Ten imbecile children are boarded out in Hellingly Asylum.

The sleeping accommodation is estimated to be sufficient for 361 men and 503 women, so that at the present time there appear to be vacancies for 31 and 46 respectively.

Among the work completed since the last visit may

be mentioned the renewal and improvement of the ceilings in two of the female dormitories, and the removal, in accordance with recommendations made from time to time by visiting Commissioners, of all fixed gas brackets in sanitary annexes.

The works in contemplation include a scheme for the enlargement and improvement of No. 6 Female Ward, plans for which have been under the consideration of our Board and will probably soon be finally settled. The changes thus to be made will enable the more troublesome patients in this ward to be kept apart from the others, which is very necessary, as without such separation it is almost impossible for the nurses to keep the patients tidy and in proper order. We would recommend that when the enlargement of the Airing Courts is carried out part of that appropriated to this ward should be fenced off for the more degraded patients. The Committee have decided to carry out improvements of the same kind in Male 6 Ward. Four of the male wards, the walls of which have been plastered, are about to be painted; it would be desirable that there should be variety in the colours adopted for the purpose.

When these wards and No. 6 on each side have been completed a good deal will have been done towards bringing the Asylum up to the proper standard, but there are still many places which require attention; for instance, the second storey male observation dormitory, the nurses' mess room, the serving room, and the meat larder. At least one of the padded rooms on each side should be fitted with floor padding irremovable by patients.

We saw all the patients, and gave to each the opportunity of talking to us, of which many availed themselves. They appeared to be generally contented, and made but few complaints. Their dress and personal condition were generally satisfactory, except those of the women in Female Ward 6, with respect to which we made some suggestions.

We saw dinner served in the dining halls. That on the female side, consisting of meat pie and meat pudding, gave evident satisfaction; that for the men, consisting of plum pudding, was not generally popular. The portions served were ample, and we would suggest that the experiment might be tried of giving somewhat less quantity of pudding and adding bread and cheese.

The beds and bedding were clean and in proper order, and sufficient.

No use of mechanical restraint or seclusion has been recorded in the period to which this Report applies.

The statistics for 1911 shew that the attendance during the year at the Sunday services in the Chapel and at the weekly entertainments was below the average; and we think something more should be done to provide for the religious needs of the Roman Catholic patients, 35 in number, for whom there were no services. The proportion of the women usefully employed was satisfactory; that of the men less so.

The causes of death were verified by *post mortem* examination in 69 per cent. of the 51 deaths, nearly one-fifth of which resulted from general paralysis. An

inquest was held on a male patient who drowned himself in a tank at the farm buildings, and also in two other instances, where death was found to have resulted from natural causes, because in the one case it had occurred soon after admission and in the other because it was sudden in character.

We found a number of aged feeble people in bed on the female side, and there was also one woman laid up with dysentery, with which disease 11 female patients have been attacked, 3 fatally, since July last; but taken as a whole the general health of the Asylum is good.

It is satisfactory to learn that the only serious casualty besides the one above mentioned was a fracture of the neck of the femur, now united, occasioned by a male patient being pushed down by a fellow patient.

The staff of male attendants is adequate in strength, and their record of service is very good, only 7 per cent. having at the end of 1911 served less than a year, while as many as 65 per cent. could count upwards of five years in the Asylum. The nurses' record leaves much to be desired, and they are not strong enough in number, especially in Ward 6.

The case books and other medical records continue to be well kept.

L. L. SHADWELL,	} Commissioners in Lunacy.
E. MARRIOTT COOKE,	

